In the past few years, the number of patients diagnosed with sleep apnea has increased. Fortunately, we can propose different options of treatments today, which can provide positive clinical results and improve the quality of life of our patients.

This clinical case presents the use of a new CAD/CAM material, KATANA™ AVENCIA™ Block, produced using the unique manufacturing method of Kuraray Noritake Dental, which offers remarkable mechanical properties.

The goals of the treatment are:
- Biological and minimally invasive, when it comes to teeth (non-invasive), periodontics, and occlusion (muscular and articular)
- to maintain health on the long-term (ease of hygiene)
- to re-establish an effective function (mastication) without compromising aesthetics

Based on my diagnosis, it was judged that the treatment with KATANA™ AVENCIA™ Block is within the scope of indications since the occlusion problem is a minor issue.

TREATMENT PLAN:
To create the treatment plan, we always follow the same steps:
- discussion with the patient to identify his or her wishes and limitations in terms of treatment
- occlusal planning, search for the appropriate mandibular position in order to determine the quantity of destroyed dental tissue; this is done by a TENS machine.
- periodontic diagnosis and support teeth

We proceed in the following manner for the treatment:
- cleaning of all teeth
- complete in-mouth mock-up for the lower arch
- the mock-up will be left in the mouth in order to validate the new occlusion
- use of CAD/CAM technology to create the definitive prostheses, integrating the concept of minimally invasive dentistry. We will use KATANA™ AVENCIA™ Block as material for the overlays.
Initial situation with occlusion troubles causing discomfort during mastication.

Once the mock-up had been placed in the mouth, it was necessary to test the new occlusion and adjust if needed. The mock-up was milled in PMMA by Roland DG Corporation milling machine.

The teeth are prepared through the mock-up to be as minimally invasive as possible. The thickness is 1.5 mm for occlusal and 1 mm for buccal surface.

Overlays and crown(s) on implant were designed by 3Shape software (3Shape A/S) and milled by Roland milling machine. The final restorations were created using two digital impressions. On the impression of the preparations, the cervical limits were marked. Next, the software matched the two impressions by subtraction and proposed the shape of the restorations to be milled.
Polishing of the restoration.

These restorations are the exact copy (morphology) of what the patient wore in his mouth for two months. If the work is done by section, it is easier for the computer to match the impressions.

After milling, the restorations were stained using a 3D staining technique. 3D staining requires a specific sequence to create 3D optical illusions.

KATANA™ AVENCIA™ Block was milled.

A classic bonding procedure was followed with PANAVIA™ V5. To begin, all KATANA™ AVENCIA™ Block elements were tried one by one for validation and adjustment, then all together to check the contact points.

Final esthetic results after staining.
Rubber dam was placed on the mandible. The intrados of the elements were blasted with alumina power, then we applied K-Etchant gel, rinsed well and dried. A layer of silane was applied (CLEARFIL™ CERAMIC PRIMER PLUS) for 60 seconds* then dried.

Application of K-Etchant gel for 10 seconds on enamel. Surfaces were rinsed, dried, and the adhesive PANAVIA™ V5 Tooth Primer was applied, left for 20 seconds, then dried.

Restorations were bonded one by one with PANAVIA™ V5 Paste. The excess was removed and the final photo-polymerization using glycerin was performed.

Final polishing.

To conclude, the occlusion was verified in static position with cusp-fossa contact, then laterality, propulsion, and finally mastication.

Final situation. We can observe a good and esthetic integration of the restorations. A long term follow-up should be necessary to confirm the success of the treatment.

* The waiting time is not mandatory according to the product IFU.
FINAL SITUATION

KATANA™ AVENCIA™ Block
VISIT THE PRODUCT PAGE ONLINE FOR MORE DETAILS

WHAT CAN YOU EXPECT TO FIND ONLINE
- General information about KATANA™ AVENCIA™ Block
- Full Product Assortment
- Safety Sheet
- IFUs

SPECIAL THANKS
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